

# el vergel

Cafe and takeaway

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Latin American and Mediterranean food based on traditional recipes and prepared everyday on the premises using only the best ingredients.

Open Monday to Friday, 8h00 to 15h00 and Thursday evenings from 18h15.

## dips

**guacamole** - avocado, chopped tomatoes and coriander €3.90

**salsa** – chopped tomatoes and coriander sauce €2.50

**pebre** – coriander chilli sauce €2.00

**hummus** – chickpea and tahini dip €3.20

**tzatziki** – yoghurt, cucumber and mint dip €2.80

## bread

homemade chilean

**village bread** €1.20

**pitta bread** €1.60

**tortilla chips** €2.40

**warm soft tortillas** €1.80

## specialities

**empanadas de carne** €3.90

oven baked pasties with beef, onions, olives, raisins and spices

**empanadas de espinaca** €3.90

oven baked pasties with spinach, fetta cheese, onions and spices

**empanadas de queso** €3.90

fried mozzarella cheese pasties

**spanish potato tortilla** €3.70

**soup of the day served with bread** €3.90

salads and sandwiches on the back page

**special of the day** €11.00

**churrasco palta** €7.50

south american sirloin steak on homemade chilean village bread with avocado and tomatoes (salsa and chilli optional)

**churrasco queso** €7.50

south american sirloin steak on homemade chilean village bread with melted gouda cheese and tomatoes (salsa and chilli optional)

**chicken tacos** €7.50

soft corn tortillas with refried kidney beans, lettuce, shredded chicken breast, gouda cheese, salsa, and guacamole

**beef tacos** €7.90

soft corn tortillas with diced south american sirloin steak and guacamole, topped with spring onions

**beef tacos, refried beans and cheese** €8.30

soft corn tortillas with refried kidney beans, lettuce, diced south american sirloin steak, gouda cheese, salsa and guacamole

**vegetarian tacos** €7.50

soft corn tortillas with refried kidney beans, lettuce, fetta cheese, guacamole and spring onions

**tostada** €6.80

crispy corn tortilla with refried kidney beans, lettuce, shredded chicken breast, gouda cheese, salsa and guacamole

**Vegetarian tostada** €6.80

crispy corn tortilla with refried kidney beans, lettuce, gouda cheese, salsa and guacamole

**torta mexicana** €6.50

homemade chilean village bread with refried kidney beans, shredded chicken breast, grated gouda cheese, salsa, lettuce and guacamole

**vegetarian torta Mexicana** €6.50

homemade chilean village bread with refried kidney beans, grated gouda cheese, salsa, lettuce and guacamole

## drinks

**water**

spa (33 cl) €1.80

spa (50 cl) €2.90

san Pellegrino (25cl) €2.00

san pellegrino (50 cl) €3.40

**juices**

**oxfam fair trade juices** €2.00

tropical juice (20 cl)

worldshake juice (20cl)

**mango juice** €2.50

**freshly squeezed juices**

orange juice €3.20

carrot juice €3.20

carrot and orange juice €3.80

**soft drinks (33cl)** €2.00

coca cola

diet coke

ice tea

sprite

**wines**

glass €2.30

¼ litre €3.90

½ litre €7.80

bottle €12.00

**beers**

jupiler (25cl) €2.20

corona (33cl) €4.00

**fair trade max havelaar**

**coffees**

coffee €2.10

espresso €1.90

double Espresso €3.20

cappuccino €2.50

moccha €2.60

café latte €2.60

café macchiato €2.10

**fair trade max havelaar**

**teas** €2.20

breakfast tea served plain, with milk or a slice of lemon / earl grey / green tea / lemon tea / mango and orange tea / bosvruchten / rooibos / apple and cinnamon / camomile

**fresh mint tea**

fresh mint €2.80

fresh mint + green tea €3.30

**organic milk**

cold milk €2.30

hot milk €2.50

hot chocolate €2.70

## el vergel salads

our salad base comprises lettuce, tomato, cucumber, red, yellow and green peppers, avocado, cress, parsley and olives.

salad base	€6.50
salad base with grilled vegetables	€9.80
salad base with plantain bananas	€9.20
salad base with spanish potato tortilla	€9.50
salad base with cashew nuts	€7.50
salad base with meat	
shredded chicken breast	€9.70
south american sirloin steak	€12.00
salad base with fish	
smoked salmon	€10.20
prawns	€9.50
tuna-mayonnaise	€8.60
salad base with cheeses	
mozzarella and fresh basil	€9.20
fetta	€9.20
grilled cyprriot haloumi	€9.50
three cheeses - mozzarella, feta and haloumi	€9.80
brie	€9.20
grated gouda	€8.80
salad base with empanadas	
empanada de carne	€9.40
empanada de espinaca	€9.40
empanade de queso	€9.40
side salads	
mixed salad	€3.90
tomato, olives and onions	€4.40

## Cakes, fresh fruit and nuts

el vergel cheese cake	€3.85
el vergel chocolate cake	€3.85
greek yoghurt with honey	€3.00
greek Yoghurt	€2.50
cashew nuts	
big pot	€3.20
small pot	€1.60
fresh fruit	€0.80

## for your salads and sandwiches

plantain bananas	€3.20
cashew nuts	€1.60
extra cheese	
fetta	€2.50
cyprriot haloumi	€2.60
brie	€2.50
mozzarella	€2.50
grated gouda	€1.80
cream cheese	€1.80
extra dips	
guacamole	€2.00
salsa	€1.50
pebre	€1.00
hummus	€1.80
tzatziki	€1.60
refried kidney beans	€1.50
mayonnaise	€0.20
mustard	€0.20
extra meat	
shredded chicken breast	€3.70
south american sirloin steak	€4.60
ham	€1.90
salami	€1.90
extra fish	
salmon	€4.20
prawns	€3.60
tuna-mayonnaise	€2.50
extra salad	
avocado (2 slices)	€1.20
tomatoes	€0.60
peppers	€0.70
cucumber	€0.40
lettuce or cress	€0.30
fresh basil	€0.30
spring onions	€0.20
black olives	€1.20

We provide **catering** for business lunches and meetings. If you are planning an event contact us.

You can also **hire** the restaurant for an evening event with a fixed menu per person.

We accept payments by card for amounts over €20.00. Menus and price are subject to change. Only food and drinks bought here can be consumed on our premises. Thank you for your understanding.

## el vergel sandwiches

our suggestions in our homemade village bread

torta mexicana (see overleaf)	€6.50
vegetarian torta mexicana (see overleaf)	€6.50
churrasco palta	€7.50
south american sirloin steak with avocado and tomatoes	
churrasco queso	€7.50
south American sirloin steak with melted gouda cheese and tomatoes	
Spanish potato tortilla	
with salsa	€4.60
with guacamole	€5.20

our other sandwiches in white or multi-cereal baguette or our homemade village bread (€0.30 extra)

Shredded chicken breast	
with guacamole	€5.40
with salad	€5.00
with salad, mayonnaise	€5.10
ham	
with salad	€4.00
with cheese and salad	€5.00
salami genova with tomato, olive oil and fresh basil	€4.50
smoked salmon	
with cucumber	€6.60
with guacamole	€7.10
with cream cheese	€6.90
tuna-mayonnaise	
with cress	€4.00
with cucumber	€4.00
prawns	
prawns	€4.80
with avocado	€6.00
with avocado and mayo	€6.10
cheese	
fetta , red peppers, olives and salad	€5.10
cyprriot haloumi, tomato, cucumber and mint	€5.00
mozzarella, tomato, olive oil and fresh basil	€5.00
brie and salad	€5.00
gouda and salad	€4.00
cream cheese and cucumber	€4.00
dips	
refried beans, peppers, lettuce and guacamole	€4.90
hummus and cress	€4.60
tzatziki and cucumber	€3.80