

# el vergel

## Cafe and takeaway

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Latin American and Mediterranean food based on traditional recipes and prepared everyday on the premises using only the best ingredients.

Open Monday to Friday, 8h00 to 15h00 and Thursday evenings from 18h15. Daily newspapers.

## dips and breads

### dips

pot of guacamole	€3.90
pot of hummus	€3.20
pot of tzatziki	€2.80
pot of salsa	€2.50
pot of pebre – coriander	
chilli sauce	€1.90

### breads

homemade chilean village bread	€1.20
pitta bread	€1.60
tortilla chips	€2.40

## specialities

**special of the day** €10.20

**soup of the day served with bread** €3.70

**empanadas de carne** – €3.90

oven baked pasties with beef, onions, olives, raisins and spices

**empanadas de espinaca** – €3.90

oven baked pasties with spinach, fetta cheese, onions and spices

**empanadas de queso** – €3.90

fried mozzarella cheese pasties

**spanish potato tortilla** €3.60

### vegetarian torta

**Mexicana** - €6.10

homemade chilean village bread with refried kidney beans, grated gouda cheese, salsa, lettuce and guacamole

**torta mexicana** – €6.10

homemade chilean village bread with refried kidney beans, shredded chicken breast, grated gouda cheese, salsa, lettuce and guacamole

**churrasco palta** – €7.10

brazilian beef steak on homemade chilean village bread with avocado and tomatoes (salsa and chilli optional)

**churrasco queso** – €7.10

brazilian beef steak on homemade chilean village bread with melted gouda cheese and tomatoes (salsa and chilli optional)

**chicken tacos** – €7.10

soft corn tortillas with refried kidney beans, lettuce, shredded chicken breast, gouda cheese, salsa, and guacamole

**beef tacos** – €7.10

soft corn tortillas with diced brazilian beef and guacamole, topped with spring onions

**beef tacos, refried beans and cheese** – €7.50

soft corn tortillas with refried kidney beans, lettuce, diced brazilian beef, gouda cheese, salsa and guacamole

**vegetarian tacos** – €7.10

soft corn tortillas with refried kidney beans, lettuce, fetta cheese, guacamole and spring onions

**tostada** – €6.40

crispy corn tortilla with refried kidney beans, lettuce, shredded chicken breast, gouda cheese, salsa and guacamole

**Vegetarian tostada** – €6.40

crispy corn tortilla with refried kidney beans, lettuce, gouda cheese, salsa and guacamole

## drinks

### water

spa (33 cl)	€1.60
spa (50 cl)	€2.20
san pellegrino (25cl)	€1.80
san pellegrino (50 cl)	€2.70

**canned drinks** (33cl) €2.00

coca cola  
diet coke  
ice tea  
sprite

## juices

**mango juice** €2.50

**oxfam fair trade juices** €2.00

tropical juice (20 cl)

worldshake juice (20cl)

### freshly squeezed juices

orange juice €3.20

carrot juice €3.20

carrot and orange juice €3.80

## wines

### house wine

glass €2.30

¼ litre €3,90

½ litre €7,80

bottle €12.00

### selection of our other wines

the price per bottle starts at

€15.80

## beers

jupiler (25cl) €2.20

corona (33cl) €4.00

**salads and sandwiches on the back page**

## organic milk

cold milk €2.10

hot milk €2.20

hot chocolate €2.50

## coffees and teas

all coffees and teas are served with orange flavoured or sao tomé dark chocolate

mignonettes made specially for el vergel. all coffees can be made using decaffeinated coffee.

## fair trade max havelaar

### coffees

coffee €2.00

espresso €1.80

double Espresso €2.60

cappuccino €2.40

moccha €2.50

café latte €2.50

café macchiato €2.00

## fair trade max havelaar

### teas

breakfast tea served plain, €2.20

with milk or a slice of lemon /

earl grey / green tea / lemon

tea / mango and apple tea /

bosvruchten / rooisbos / apple

and cinnamon tea/ camomile

**fresh mint tea** €2.80

## el vergel salads

our salad base comprises lettuce, tomato, cucumber, red, yellow and green peppers, avocado, cress, parsley and olives.

salad base	€5.80
salad base with grilled vegetables	€9.10
salad base with plantain bananas	€8.70
salad base with spanish potato tortilla	€8.80
salad base with cashew nuts	€7.40
salad base with meat	
shredded chicken breast	€9.30
brazilian beef churrasco	€10.20
salad base with fish	
smoked salmon	€9.90
prawns	€9.20
tuna-mayonnaise	€8.30
salad base with cheeses	
brie	€8.80
grated gouda	€8.50
mozzarella and fresh basil	€8.80
fetta	€8.80
cyprriot haloumi	€8.80
three cheeses - mozzarella, feta and haloumi	€9.40
salad base with empanadas	
empanada de carne	€8.80
empanada de espinaca	€8.80
empanade de queso	€8.80
side salads	
mixed salad	€3.80
tomato, olives and onions	€4.20

## Cakes, fresh fruit and nuts

el vergel cheese cake	€3.70
el vergel chocolate cake	€3.70
greek yoghurt with honey	€3.00
greek Yoghurt	€2.50
cashew nuts	
big pot	€3.20
small pot	€1.60
fresh fruit	€0.60

## extras for your salads and sandwiches

extra cheese	
fetta	€2.50
cyprriot haloumi	€2.50
brie	€2.50
mozzarella	€2.50
grated gouda	€1.80
cream cheese	€1.80
extra dips	
guacamole	€2.00
salsa	€1.50
pebre, coriander	
chilli sauce	€1.00
hummus	€1.80
tzatziki	€1.60
refried kidney beans	€1.50
mayonnaise	€0.20
mustard	€0.20
extra meat	
shredded chicken breast	€3.70
brazilian beef churrasco	€4.20
ham	€1.90
salami	€1.90
extra fish	
salmon	€4.20
prawns	€3.60
tuna-mayonnaise	€2.00
extra salad	
avocado (2 slice)	€1.20
tomatoes	€0.60
peppers	€0.70
cucumber	€0.40
lettuce or cress	€0.30
fresh basil	€0.30
spring onions	€0.20
black olives	€1.20
plantain bananas	€3.10
cashew nuts	€1.60

*We provide **catering** for business lunches and meetings. If you are planning an event contact us.*

*You can also hire the restaurant for an evening event with a fixed menu per person.*

## el vergel sandwiches

baguette, multi-cereal baguette or homemade chilean village bread (€0.30 extra)

with meat	
torta mexicana	€6.10
(see overleaf)	
chicken and guacamole	€5.10
chicken and salad	€4.70
chicken, salad and mayonnaise	€4.80
salami genova with tomato, olive oil and fresh basil	€4.20
ham and salad	€3.70
ham, cheese and salad	€4.70
with fish	
smoked salmon and cucumber	€6.30
smoked salmon and guacamole	€6.80
smoked salmon and cream cheese	€6.60
tuna-mayonnaise and cress	€3.70
tuna-mayonnaise and cucumber	€3.70
prawns and avocado	€5.70
prawns with avocado and mayonnaise	€5.80
with cheeses	
vegetarian torta mexicana (see overleaf)	€5.60
fetta, red peppers, olives and salad	€4.80
mozzarella, tomato, olive oil and fresh basil	€4.70
cyprriot haloumi, tomato, cucumber and mint	€4.70
brie and salad	€4.70
gouda and salad	€3.70
cream cheese and cucumber	€3.70
with dips	
hummus and cress	€4.30
refried beans, peppers, lettuce and guacamole	€4.30
tzatziki and cucumber	€3.50

*Only food and drinks bought here can be consumed on our premises. Thank you for your understanding.*

*Menus and price are subject to change.*